

## Thank You for Choosing Michael Schuman Board Certified Hypnotist

Welcome to my office. Please read and sign this form before completing the rest of the forms. I do my very best to ensure that I provide the highest quality hypnosis services available. I do this by constantly improving my techniques and keeping up with the latest developments in the field of hypnosis. My certifications are from the National Guild of Hypnotists, the PATH Foundation, the American Board of Hypnotherapists, the NeuroLinguistics Programming, and the International Society for Investigative and Forensic Hypnosis. I am Board Certified by the National Guild of Hypnotists.

As one might expect, **there is some variation in the length of sessions.** I try to keep to a strict schedule, but sometimes I may run late. Please excuse me if I do. Sometimes continuing a session for another ten or fifteen minutes can save a great deal of time in the long run for the client. Or, stopping the session at a particular time may be inappropriate because the issue being dealt with is emotional and the client needs some time to regain composure. So, sometimes I will run a little late. Note that it is usually for a good reason.

Lastly, hypnosis is a very powerful process that has helped thousands of people to make the kinds of changes that they want to make in their lives. However, **hypnosis is not “mind control.”** For example, no one, not even the world’s best hypnotist, could make you lose weight or stop smoking if you really don’t want to. Nor could he accurately predict how many sessions it will take. Most people (but not everyone) begin to experience the benefits from the very first session. Most people complete the course in four sessions. **I limit the number of hypnosis sessions for any particular issue to six sessions in most cases.** Hypnosis for Fibromyalgia and Irritable Bowl Syndromes are examples of exceptions. Generally, if it takes more than six sessions, hypnosis may not be right for you. Ultimately, you are responsible for the changes that occur as a result of the hypnosis sessions.

This is both “good” and “bad.” It’s “good” because **after you have made the changes that you want using hypnosis, YOU deserve a great deal of the credit,** and this knowledge helps YOU to make more changes in your life. But, it’s “bad” because **I cannot guarantee that the changes will come about.** In fact, this is true in any situation where a professional is trying to help you. There is always a human factor. Physicians don’t guarantee that you will get well. Teachers can’t guarantee that you will learn, and lawyers can’t guarantee that you will “win” your case. **What I can guarantee, here at Michael Schuman, Board Certified Hypnotist, is the very best service, using current information and appropriate hypnotic techniques for your situation.**

Clients must make any changes (e.g. rescheduling or canceling their appointment) at least one working day before their appointment or they will be charged for the appointment.

*By signing this, I am stating that I have read this form and understand that, like the other healing arts, the practice of hypnosis and hypnotherapy is not an exact science. Therefore, results are not guaranteed, nor are refunds given for services rendered.*

Signature \_\_\_\_\_ Date \_\_\_\_\_