



## **Board Certified Hypnotist**

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## **Certified Forensic Hypnotist**

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### **Certified By**

National Guild  
of Hypnotists  
PATH Foundation  
American Board of  
Hypnotherapy

### **Speciality Certifications**

Complementary  
Medical Hypnotism  
Hypnosis for  
Pain Management  
Hypnotic Anesthesia  
Hypnosis for  
Fibromyalgia  
Syndrome  
Hypnosis for  
Irritable Bowel  
Syndrome  
Abuse & Critical  
Illness Recovery  
Addictions Recovery  
Grief, Depression  
and Post Traumatic  
Stress Recovery  
Hypnotherapy  
for Children  
Childbirth Assistance

Member of



## **PAIN QUESTIONNAIRE PHYSICAL OR PSYCHOLOGICAL**

The questions below will aid in determining if the pain is physical or psychological in origin. Many times the pain may have begun with a physical injury, and yet is remaining in force for a psychological reason.

- 1. When did the pain first begin?**
- 2. Are there days when you are free from pain?**
- 3. Is there a time of day that the pain seems greater than others?**
- 4. What has helped reduce the pain in the past?**
- 5. What is your doctor's prognosis?**
- 6. Who has been most supportive of you with this pain?**
- 7. Do you believe that some day you will be free of this pain?**
- 8. Are there activities that cause the pain to increase?**
- 9. Are there activities that cause the pain to decrease?**
- 10. What has this pain prevented you from doing?**